

SAMBHAV Report 2018



The following official accompanied by the undersigned attended the 13th SAMBHAV 2018 which is an international event organized by ALPANA (Association for Learning Performing Arts & Normative Action). It was an international event by Divyang (Physically and Mentally Challenged) Artist. The event was conducted at Multipurpose Hall, India International Centre, Max Mueller Marg, New Delhi with differently able artists from 17 countries from 02/11/2018 to 04/11/2018.

During the event, the participants were exposed to different yoga sessions, yoga therapy workshops, an international exhibition of arts, Dance & Music Therapy and international performances every evening. It was a very good and important platform created person's with disability to showcase their abilities despite the limitations. The guest speakers especially during the Yoga sessions mentioned the positive impact that yoga practice have for person's with disability.

The participants were also taken across the city for excursion to view different historical places located in the area.





Participants:

1. Pema Tshering
2. Tshering Namgyal
3. Sonam
4. Dorji Wangmo
5. Dorji Tshewang

-Thank you-